



Westchester Zen Circle

Zazenkai & Jukai



May 19, 2018

Schedule

Zazenkai portion spent in silence.

- 8:30 – Registration/Setup
- 9:00 – Zazen/ Opening remarks
- 9:35 – Kinhin
- 9:45 – Zazen/Daisan
- 10:20 – Kinhin
- 10:30 – Zazen/Daisan
- 11:05 – Sutra Recitation
- 11:15 – Meandering and Jukai Rehearsal
- 12:00 – Lunch/Cleanup/Rest
- 1:10 – Zazen/Daisan
- 1:45 – Kinhin
- 1:55 – Zazen/Daisan
- 2:25 – Kinhin
- 2:35 – Zazen/Daisan
- 3:00 – End Zazenkai, short break
- 3:10 – Set up for Jukai
- 3:30 – Jukai
- 4:30 – Celebratory snack in the Community Hall, cleanup

When: Saturday, May 19, 2018, from 9am to 5pm

Where: Holy Nativity Parish
6700 West 83rd Street
Westchester, CA

Fee: \$40. Please call or email to register.