



# Westchester Zen Circle

## *Zazenkai*



November 17, 2018

### Schedule

8:30	Registration/Setup
9:00	Zazen
9:35	Kinhin
9:45	Zazen/Daisan
10:20	Kinhin
10:30	Zazen/Daisan
11:05	Sutra Recitation
11:15	Meandering
12:00	Lunch/Cleanup/Rest
1:30	Zazen
2:05	Kinhin
2:15	Dharma Circle
3:00	Outside slow kinhin
3:40	Zazen/Daisan
4:15	Kinhin
4:25	Zazen/Daisan
4:55	Four Vows
5:00	Snack, clean up

**When:** Saturday, November 17, from 9am to 5pm

**Where:** Holy Nativity Parish  
6700 West 83rd Street  
Westchester, CA

**Fee:** \$40 Includes lunch. Please email to register.